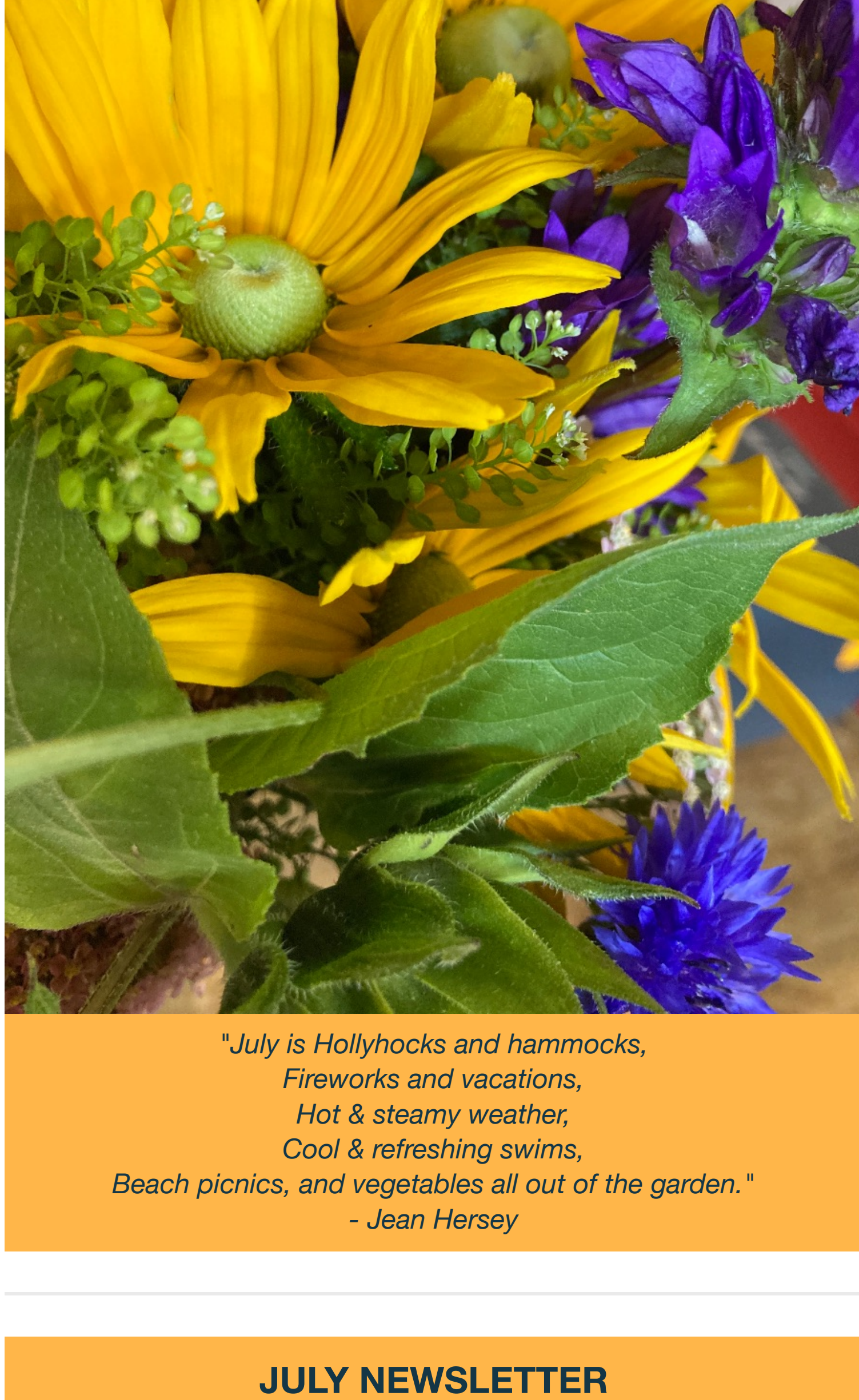




a local co-op



"July is Hollyhocks and hammocks, Fireworks and vacations, Hot & steamy weather, Cool & refreshing swims, Beach picnics, and vegetables all out of the garden." - Jean Hersey

JULY NEWSLETTER

Warm greetings to you all- We hope your Summer is off to a good start and that you haven't been too impacted by the wild weather we have been experiencing here in Columbia County.

Here at the Co-op we have been busy- ~The cafe is very popular and our grab & go cooler is getting emptied as quickly as it is filled! Many of our house-made salads have become your favorites, and we appreciate your orders, inquiries and great feedback, thank you.

~We attended Chatham Summerfest! Much fun was had a new connections were made.

~ Our produce department is bursting with all the wonderful local produce & fruit that is in abundance at this time of the year. Our offerings change regularly, due to the nature of the growing season, so be sure to have a look when you're next in the store, or ask us what we expect to have coming in in the upcoming weeks.

See you at the Co-op!

SAVE THE DATE!

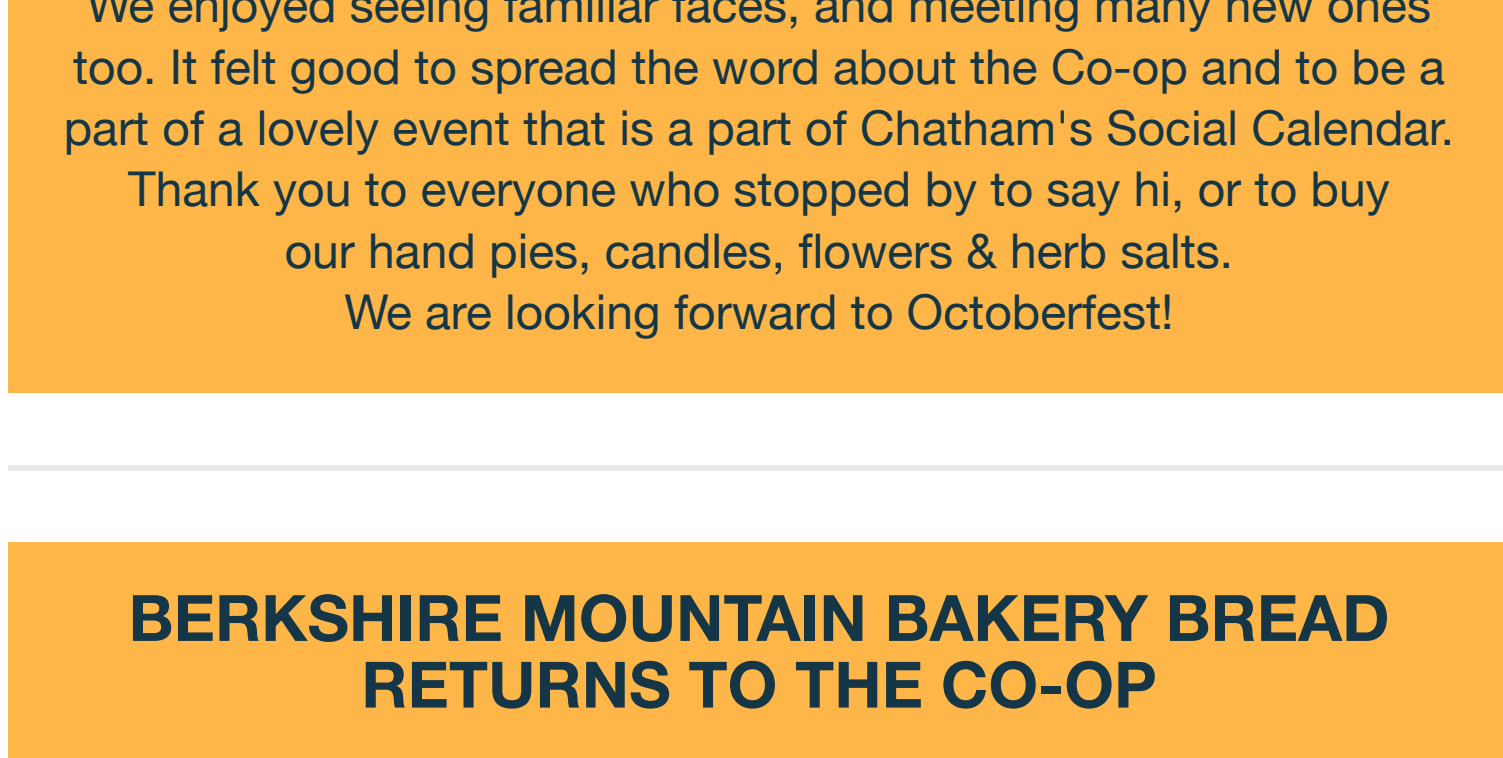
Annual Member-Owner Meeting Sunday October 1st 11:00am - 2:00pm

We hope many of you will join us for our upcoming Annual Member-Owner Meeting in October. More details to follow, but you can expect the Annual General Meeting with our Council, (open to all), which will include store reports & updates, information about the future of the Co-op as well as the opportunity to share your thoughts and ideas around the Co-op and how it can best fulfill its mission and serve the community.

Our members are our owners, so it is invaluable to have your input and attendance. You can also expect good food, music and great conversations. We hope you can make it!

CHATHAM SUMMERFEST

On Saturday July 8th the Co-op had a stand at the Chatham Summerfest, and it was a great day! It was good to be on Main Street along with all the other vendors, entertainers, pie-eaters, shoppers and all that is unique about Chatham- what a wonderful Village it is!



It was a very hot day, but that didn't stop many people from coming out to help make the day a big success. There was a lovely vibe, many friendly faces, good music to listen to, as well as fine food & faire to peruse.

We enjoyed seeing familiar faces, and meeting many new ones too. It felt good to spread the word about the Co-op and to be a part of a lovely event that is a part of Chatham's Social Calendar. Thank you to everyone who stopped by to say hi, or to buy our hand pies, candles, flowers & herb salts.

We are looking forward to Octoberfest!

BERKSHIRE MOUNTAIN BAKERY BREAD RETURNS TO THE CO-OP



We are happy to announce that Berkshire Mountain Bread is once again available at the Co-op! Their bread is delivered fresh every Friday, and here are the varieties we are carrying-

- Large Ciabatta
- Small Ciabatta (4 packs)
Herb & Cheese, Jalapeño & Cheddar, Olive and Plain.
- Specialty Loaves
Chocolate, Cherry Pecan, Potato & Onion
-Sliced Sourdough Loaves
San Francisco, Sesame & Sunny Flax

We are sure you'll join us in celebrating the return of this wonderful bread. To find out more about Berkshire Mountain Bakery, and their traditional bread making, click HERE

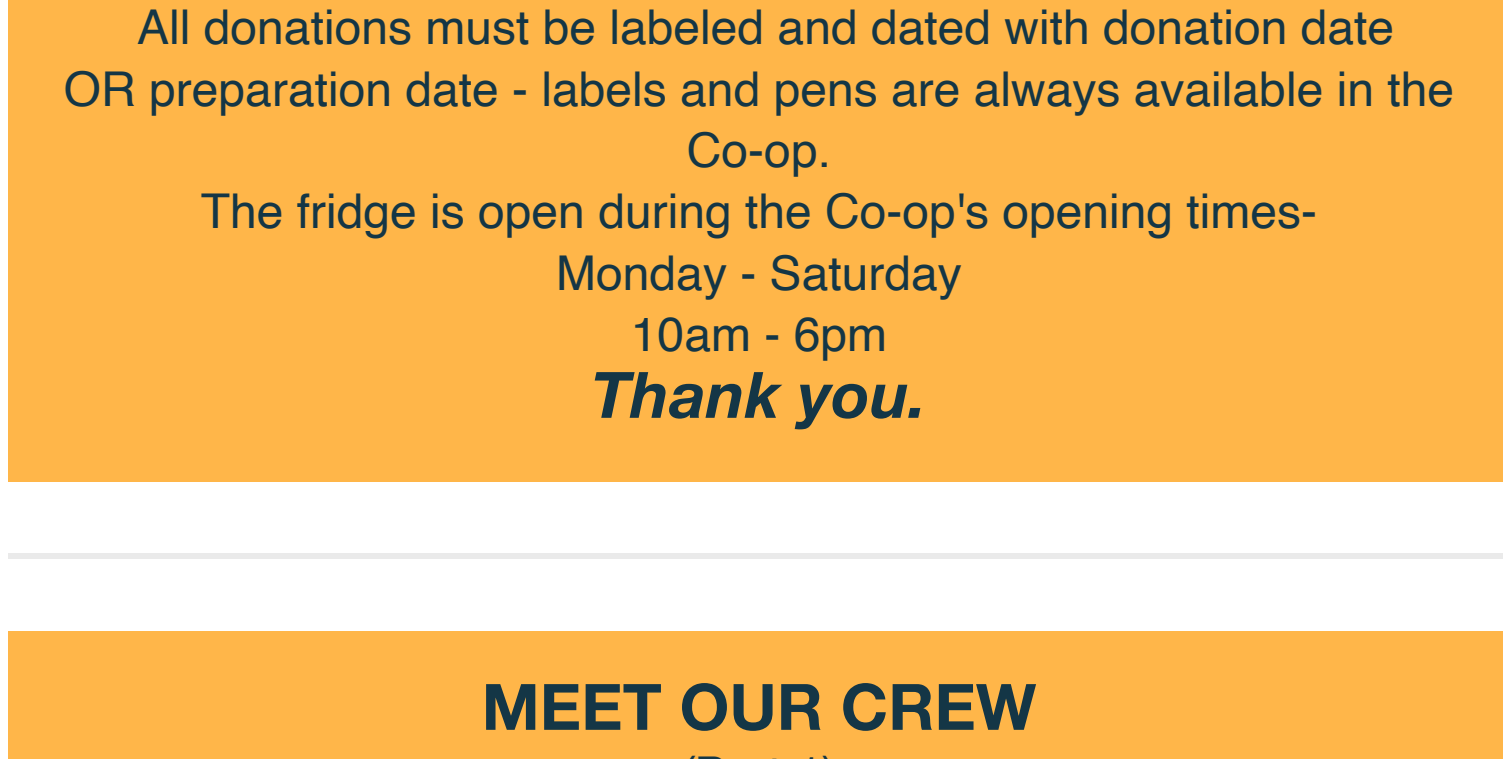


CHATHAM FREE COMMUNITY FRIDGE

We are happy to share that the Free Fridge is very popular, and is meeting a need in our community. Donations come to the fridge on a daily basis, from various local vendors as well as from the recovery Kitchen in Hudson, when they have surplus (thanks Tommy!).

Willy and Claudia from Little Seed Gardens are faithful contributors, always making sure to add fresh greens when they refill their own cooler here in the store- thank you both, your generosity is appreciated.

We also have vendors drop off surplus after Farmers Markets on Saturday, and a couple of local businesses- Our Daily Bread & Hawthorne Valley, are also donating when they can, thank you. It is heartening to see how the community can come together to help each other.

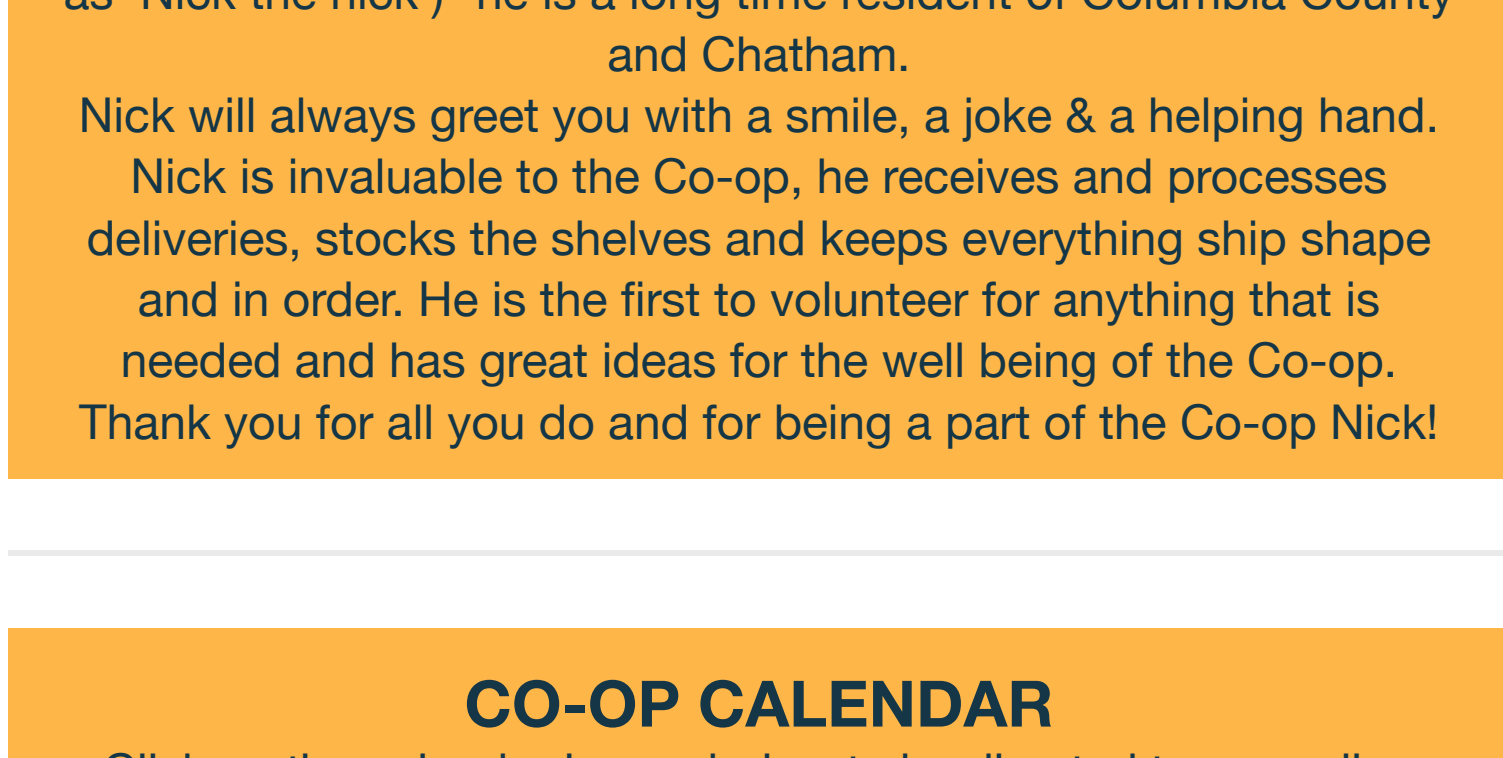


Our friend Tommy Carlucci dropping off donations to the fridge from the Columbia County Recovery Kitchen in Hudson. The fridge does get emptied quickly, so if you are interested in contributing, it would be very much appreciated and definitely not wasted. Here's a list of items that are always needed-

- Fresh Fruit & Vegetables (Carrots, Celery, Beets, Peppers, Potatoes & Onions have a great shelf life)
- Dairy products
- Eggs
- Bread
- Non-alcoholic beverages
- Dates, Dried Fruit & Nuts
- Salsa
- Condiments
- Cakes, cookies & treats
- Baby food

All donations must be labeled and dated with donation date OR preparation date - labels and pens are always available in the Co-op. The fridge is open during the Co-op's opening times- Monday - Saturday 10am - 6pm Thank you.

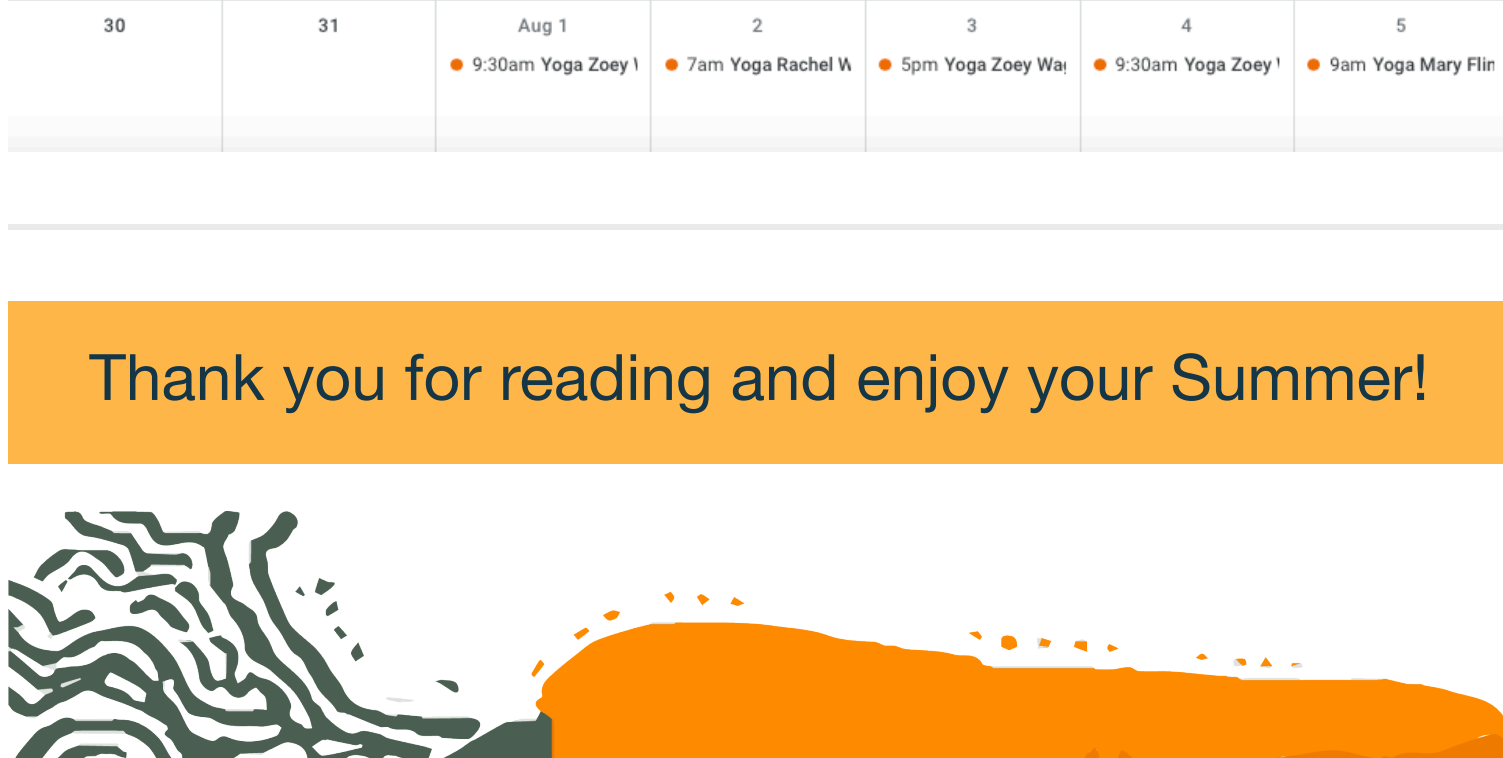
MEET OUR CREW (Part 1)



Many of you already know Nick Franceschelli (otherwise known as 'Nick the hick')- he is a long time resident of Columbia County and Chatham. Nick will always greet you with a smile, a joke & a helping hand. Nick is invaluable to the Co-op, he receives and processes deliveries, stocks the shelves and keeps everything ship shape and in order. He is the first to volunteer for anything that is needed and has great ideas for the well being of the Co-op. Thank you for all you do and for being a part of the Co-op Nick!

CO-OP CALENDAR

Click on the calendar image below to be directed to our online calendar. There you will find details about regular Yoga classes that take place in our Community Room.



Thank you for reading and enjoy your Summer!

